

# Stand Against Racism Booking Form

## Stand Against Racism Workshop Descriptions

### **1. What are the Connections between Identity and Belonging?**

Asian Canadians come from many countries in the vast Asian continent. This workshop explores identity, community, belonging and intersectionality. Through interactive activities and discussions, students examine monolithic myths, stereotypes, and false narratives about Asian-Canadians and internalized racism. We explore silence and voice with a focus on belonging and mental well-being to reframe our thinking and strengthen belonging experiences for all.

### **2. Unlearning Bias and Discrimination**

By viewing videos on stereotypes and tropes, and engaging in interactive reflection activities, this workshop uses a socio-ecological framework to challenge students to question "them vs us" behaviors towards their peers and their communities. More importantly, discussions on racism's endemic harm, which is often invisible, will encourage students to be social actors and contributors towards equity, inclusion, and diversity in Canadian society. Key takeaways from this workshop include: everyone can be an anti-racist and every small act matters.

### **3. Refugees and Xenophobia**

This workshop examines the connections between refugees and xenophobia through the history of the Komagata Maru in 1914, the Vietnamese refugees of 1974-76, and more recently refugees from Syria. We examine the role of mass media and click-bait news on social media, disinformation, and myth-creations and how together they contribute to xenophobia. Case-study activities will develop student media literacy, perspective-taking, empathy, and their own interrogative voice. Students will also recognize that as Canadians, there are more that we have in common than what divides us.

### **4. Lived Experiences and Narratives**

Racism experienced by different racialized populations differs in form, saliency, and consequences. Understanding various histories of racism is an important aspect of developing historical, cultural literacy. Using narratives of lived experiences, students will explore: what are the histories of systemic racism in Canada? How does power and privilege create and maintain systemic racism? These questions are examined through migration stories of Asian Canadians, their changing conditions, and their contributions to the development of Canada.

Please **download and complete** the following booking form and send it to Alison MacAulay, Research & Education Associate.

E: [alison.macaulay@alphaeducation.org](mailto:alison.macaulay@alphaeducation.org)

C: 1 (604) 219 – 8818

**All workshops are offered free of charge**

**Stand Against Racism Booking Form**

Name of Teacher(s)		
Mobile		
Email		
Name of School		
Name and Format of Course	Course Name	Virtual or In-school
Grade and Number of Students	Grade(s)	# of Students
Indicate which workshop(s) you are requesting by number (above) & Number of workshops requested	Workshop Number	# of Workshops Requested
Preferred Date Preferred Time	Preferred Date(s)	Indicate <ul style="list-style-type: none"> <li>• AM or PM</li> <li>• AM and PM</li> </ul>

ALPHA Education may not be able to meet all desire booking details, but we will do our best to accommodate your requests

## Technology

Does your school and class use Zoom? Yes or No

If not, what learning platform is used?

Note: The Research & Education Associate will initiate a dialogue with the teacher(s) named above to coordinate arrangements.

Lesson plans, handouts, links, presentation(s) will be sent to the teacher(s) upon booking confirmation.

If you have any other questions, please feel free to contact Alison MacAulay.

For more information, please visit our website: (<https://www.alphaeducation.org/students>)